evolve

Evolve: Re-igniting Self & Community is for people 50+ who want to make a difference in the world.

Evolve is an eight-month leadership development course that will help you discover your unique path to making a contribution, build your skills, and re-ignite your energies.

Evolve will broaden your perspectives and connect you with an ongoing network to help you achieve your dreams.

The Vital Aging Network promotes self-determination, civic engagement, and personal growth for people as they age, through education, leadership development, and opportunities for connection.

Evolve: Re-igniting Self & Community was formerly known as the ALVA Leadership Development program and has over 200 graduates.

VAN offers Evolve with support of the following organizational partners:

AARP
Aging Services of Minnesota
Alzheimer's Association, Minnesota-North Dakota Chapter
Augustana Care Corporation
Care Providers of Minnesota
Central Minnesota Council on Aging
CLUES – Comunidades Latinas Unidas En Servicio
Courage Center
DARTS
Ecumen
Hamline Midway Elders
Inver Hills Community College Center for Professional Development
Jewish Family and Children's Service of Minneapolis
Little Brothers - Friends of the Elderly
Lutheran Social Service of Minnesota
MAVA - Minnesota Association for Volunteer Administration
Mapping Your Retirement
Metropolitan Area Agency on Aging
Minnesota Board on Aging
RSVP

Vital Aging Network

www.vital-aging-network.org
2365 N. MCKNIGHT RD., SUITE 4
N. ST. PAUL, MN 55109
651.917.4652

evolve
re-igniting self & community

Are you in transition *and looking for a way to connect with something that matters?*

Have you always wanted to help *children or artists or retired teachers or others aspire to great things?*

Do you have ideas *about how you want to contribute but haven't been able to realize them?*

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Use your lifetime of experiences to make a better world

THIS LIFE-CHANGING COURSE WILL HELP YOU:

- (Re) discover your lifework
- Understand the opportunities and barriers of leadership in later life
- Plan and implement a project to build your capacity as a civic leader
- Build an ongoing network for sharing ideas, knowledge, and resources

COURSE LOCATIONS 2011–2012

Fond du Lac Tribal & Community College
Cloquet
218.879.0846 / www.fdltcc.edu

Inver Hills Community College
Inver Grove Heights
651.450.8578 / www.inverhillstraining.org

North Hennepin Community College
Brooklyn Park
763.424.0880 / www.nhcc.edu/cect

St Cloud Technical & Community College
320.308.0015

St. Paul College
651.846.1438
www.saintpaul.edu/ContinuingEducation

To register,contact the schools directly.
For additional information call the
Vital Aging Network at 651.917.4652.

Learning together, taking action, making a difference

Classes meet one Friday a month from 8:30 am to 3:30 pm, October through May. The Vital Aging Network and participating colleges award certificates at the conclusion of the course. CEUs available.

Session 1, October 14
Vital Engagement for a Vital Society
Matching Lifework with Public Need

Session 2, November 4
Leading with Wisdom

Session 3, December 9
Leadership for the Common Good
The Social and Political Climate

Session 4, January 13
Working Collaboratively

Session 5, February 10
Embracing Opportunities;
Overcoming Barriers

Session 6, March 9
Making an Impact in Community

Session 7, April 13
Crafting Your Message to
Achieve Your Goals

Session 8, May 11
Presenting Your Project
Certificate Award

COST: $750

Register early! Space is limited.

Limited scholarships available
from the Vital Aging Network.

Visit www.vital-aging-network.org
or call 651.917.4652 to apply.

"When I started this course, I had been working on a dream for ten years, always clinging to the core but stumbling along. Now, I feel totally confident that I can achieve my dream. Each class is like adding threads to a tapestry. Many of the threads are pure gold."

—Evolve participant