

VAN FORUM

Disability Awareness

Living an active and engaged life

Tuesday, April 13, 2010

10:30 AM to 12:30 pm

Courage Center

3915 Golden Valley Road

Golden Valley, MN 55422

or

Thursday, April 15, 2010

10:30 am to 12:30 pm

Family Means

1875 Northwestern Avenue South

Stillwater, MN 55082 ([map](#))

Presenters:

Candy Pettiford, Courage Center client,
volunteer tour guide and community speaker

Connie Shaffer, Driver's Assessment and Training,
Courage Center

Christian Knights, Public Affairs associate, Courage Center

Register for these free forums at www.vital-aging-network.org
or call 651-917-4652.

Are you or is someone you know affected by a disability? Join us to hear an interactive and engaging panel of people 50+ who live active lives despite a disability. They will talk about how the disability affects their lives and strategies for addressing challenges.

Hear information about accommodations that can help aging drivers, specifically the Courage Center's Drivers Assessment Program. Get an update on current transportation public policy at the capitol, and information about how to become an advocate.

A half hour walking tour of the Courage Center facility will be available following the forum.

This forum is co-sponsored by:



Image courtesy of the Courage Center

**For the April 13 forum
accessible parking
ONLY at the Courage
Center. All other
parking is available
at Valley Community
Presbyterian Church,
3100 N. Lilac Drive,
Golden Valley.**

**A free shuttle bus
will take you to the
Courage Center.**

Free and open to the public. Please join us!



Vital Aging Network

Questions? Need a ride? Call VAN at 651-917-4652.

www.vital-aging-network.org

Vital Aging Network | North St. Paul, MN | 651.917.4652 | info@vital-aging-network.org