

AARP CREATE THE GOOD TOOLKITS

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Create The Good expands on traditional ways to volunteer by connecting people to simple activities, time-flexible opportunities, and a wide variety of areas of interest. So, whether you have 5 minutes, 5 hours, or 5 days to volunteer, every bit of good counts.

Among the Create The Good tools are online toolkits that make reaching out to a neighbor or organizing a group volunteer activity easier. Visit www.createthegood.org/how-to and download an easy-to-use kit that fits your interests, skills, and time available.

IMPROVING COMMUNITIES TOOLKITS:

Easy Ways to Help Others Go Green

It's easy to go green -- and help others do the same -- at home, at work and in your community. With lots of people doing small things, all add up to making our world greener and healthier. Kit includes basic steps, tip sheet, and a list of resources.

Help Military Families Toolkit

Military families moving to a new community or with a family member deployed have many needs that volunteers can meet, including babysitting, running errands, locating a handyman, preparing a meal, etc. Kit includes basic steps, tip sheet, and list of resources.

Hold a Used Book Sale

Arrange a used book sale to raise money for a local cause and promote reading at the same time. Kit includes a Basic Steps guide, Check-Out tip sheet, tips on publicizing your event, and sample promotional flyer.

Organizing a River Clean Up

Connect with nature and help your community by organizing a local river or stream cleanup. Kit includes a planning outline, river safety tips, and samples of a liability waiver and news release.

Sidewalks and Streets Survey

Make walking safer by teaching small groups to take simple "walkability" surveys and follow up with recommended actions for community improvements. Kit includes a survey, a step-by-step guide, instructions for taking action, and additional ways to improve walkability.

INCREASING FINANCIAL SECURITY TOOLKITS

Doughnut Hole Calculator

Help others use the online "Doughnut Hole" calculator to determine their risk of falling into Medicare's gap in prescription coverage. Kit includes calculator instructions and tips for reducing the cost of prescription drugs.

Feed a Family in Need

Help stop hunger in the U.S. one family at a time; send a week's worth of groceries to a family in need. Kit includes instructions on how individuals or groups can participate, and an FAQ section.

Help Someone Access Public Benefits

Contains a free and easy tool to identify in less than 15 minutes whether someone is eligible for certain government programs that help pay for groceries, utilities, health care, and prescriptions.

Operation Fight Fraud

Educate yourself and others on the risk of consumer fraud and learn ways to minimize the incidence of fraud. Kit includes tip sheets on spotting and stopping investment fraud and protecting one's personal information.

[Start a Women's Giving Circle](#)

With members, a financial commitment, and a worthy cause, a giving circle can impact a charity through multiple/sustained donations. Kit includes a guide, resources and tools list, related reports/articles list, and a tip sheet.

[Start – or Join – A Community Garden!](#)

Work with your neighbors and community members to grow nutritious, healthy fruits and veggies. Share your bountiful harvest and newfound skills with local community organizations who feed the hungry. Kit includes basic steps, guide, and resources.

[Operation Energy Save](#)

Educate family, friends, and neighbors about easy ways to conserve energy and cut costs. Kit includes a checklist, tip sheet, and information on the Department of Energy's Weatherization Assistance Program.

[Organize a Shredding Event](#)

By hosting a shredding event, a group can help others reduce the risk of consumer fraud. Kit includes an organizer's guide, tip sheets on fighting identity theft and investment fraud, and a sample community flyer.

[IMPROVING HEALTH TOOLKITS](#)

[Doughnut Hole Calculator](#)

Help others use the online "Doughnut Hole calculator" to determine their risk of falling into Medicare's gap in prescription coverage. Kit includes calculator instructions and tips for reducing the cost of prescription drugs.

[Help Someone Get the Food They Need](#)

Use Benefits QuickLINK—a free, confidential online tool--to help a friend determine his/her eligibility for food assistance and to access all the forms/information needed to apply for SNAP in his/her state.

[How to Spread the Truth About Health Care Reform](#)

Use the video to help you enlighten others about the benefits of health care reform by refuting any lies that might be circulating.

[RX Snapshot](#)

Help others manage their medications and communicate effectively with their health care providers. Kit includes a guide, a form for recording one's personal medications, and a tip sheet for daily living.

[Start a Walking Group](#)

Improve your and others health by using these easy ideas to start a walking group. Kit includes step-by-step guide to starting and maintaining a walking group.

[IMPROVING SAFETY TOOLKITS](#)

[Operation Emergency Prepare](#)

Prepare your family and neighborhood for a natural disaster with this emergency prepare checklist. Kit includes basic tip sheet, and checklists for emergency supply kit, evacuation plan, and vital documents.

[Home Safety Tips & Tools](#)

Make the homes of older family members, friends, and neighbors safer and more comfortable. Kit includes safety checklist and list of suggested home improvements ranging from no-cost up to \$75.

Hurricane Prepare Toolkit

By following a few simple steps, you can prepare others with basic information/tools to endure and move beyond a crisis. Kit includes tips and checklists (basic hurricane supplies, evacuation plan, etc.) as guides.

KEY:  = Contains Toolkit  = Contains Video  = Spanish version available