



Vital Aging Network

# Aging with **GUSTO**

## Igniting more positive views of aging

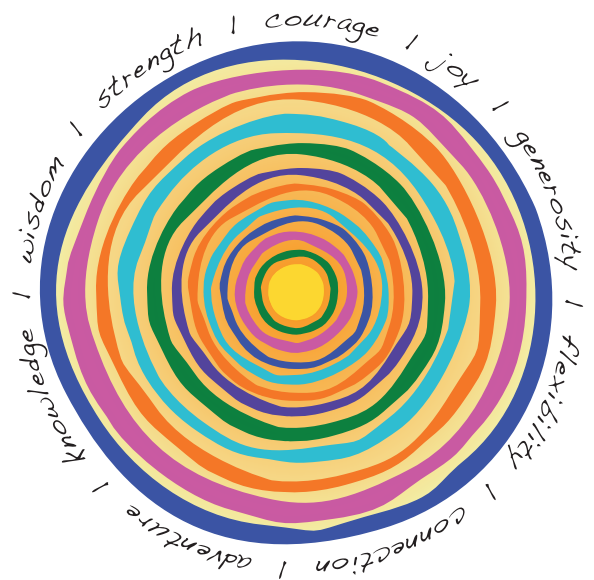
**Our attitudes about aging** have an impact on our quality of life, physical and mental health and even longevity.

Join us for this series of three sessions to examine your views on aging. Together we will build a more positive and accurate narrative of what it means to age.

**Three Thursdays**  
**September 13, 20 and 27**  
**6:00 to 8:00 PM**

**Fairview Community Center**  
Room 108  
1910 County Road B West  
Roseville, MN 55113  
*Free and easy parking*

Free and open to everyone.  
Registration required.



**To register contact**  
Roseville Area Senior Program  
651-604-3520

**Register now!**

or at  
[vital-aging-network.org](http://vital-aging-network.org)

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